

# Course Request Worksheet

- Use this worksheet as a tool to plan before selecting your courses online.
- Students must register for a total of six credits for the year.
- **Remember to select two alternates when required.** (see this chart: <https://goo.gl/w6GkGV>)

| Credit             | Course Selection |                          | Alternate 1 |       | Alternate 2 |       |
|--------------------|------------------|--------------------------|-------------|-------|-------------|-------|
|                    | #                | Title                    | #           | Title | #           | Title |
| 1                  |                  | ENTER AN ENGLISH COURSE: |             |       |             |       |
| 1                  |                  |                          |             |       |             |       |
| 1                  |                  |                          |             |       |             |       |
| 1                  |                  |                          |             |       |             |       |
| 1                  |                  |                          |             |       |             |       |
| 1 or ½<br>(CIRCLE) |                  |                          |             |       |             |       |
| 1 or ½<br>(CIRCLE) |                  |                          |             |       |             |       |
| 1 or ½<br>(CIRCLE) |                  |                          |             |       |             |       |

\_\_\_\_\_ = Total Credits (must equal 6)

## Physical Education/Athletic and cocurricular requirements:

All students are required to participate in at least one athletic activity a year. This can be accomplished in one of two ways. **Scenario one:** a student may participate in one athletic activity (team or dance company) and take two PE courses. In the term he/she participates in athletics, the student is meeting the cocurricular requirement. In the two terms the student takes a PE course, he/she must also participate in a cocurricular activity. **Scenario two:** a student can participate in two athletic activities a year with no physical education or cocurricular activity required in the third term. Students may of course, be involved in three terms of athletics. Students may also register for more than one cocurricular as their schedule allows.

### PE/A

| # | FALL | # | WINTER | # | SPRING |
|---|------|---|--------|---|--------|
|   |      |   |        |   |        |

### COCURRICULARS

| # | FALL | # | WINTER | # | SPRING |
|---|------|---|--------|---|--------|
|   |      |   |        |   |        |
|   |      |   |        |   |        |
|   |      |   |        |   |        |
|   |      |   |        |   |        |